



October

Mon2	Tue3	Wed4	Thu5	Fri6
All Beef Hot Dog (H) Seasonal Fruit Shoe String Fries	Grilled Cheese (V) Seasonal Fruit Homemade Cole Slaw	Seasoned Chicken (H) on Pita Seasonal Fruit Mashed Potatoes & Gravy	Beef (H) Taco Salad Fresh Mixed Fruit Mexican Street Corn	Cheese Quesadilla Seasonal Fruit Spanish Rice
Mon9	Tue10	Wed11	Thu12	Fri13
Columbus Day No School	Institute Day	Lincolnwood Cheese Pizza(V)(H) Fresh Mixed Fruit Carrot/Celery Sticks	Gyro (H) Pita Yogurt Sauce Fresh Mixed Fruit Homemade Pasta Salad	Macaroni & Cheese(V) Seasonal Fruit Mediterranean style Vegetable Blend
Mon16	Tue17	Wed18	Thu19	Fri20
Meatball Mostaccioli (H) <small>Beef and Chicken (H)</small> Seasonal Fruit Carrot/Celery Sticks	Chicken Pita (H) Fresh Mixed Fruit Stewed Peas w/Tomato sauce	All Beef Hot Dog (H) Seasonal Fruit Shoe String Fries	Lincolnwood Cheese Pizza(V)(H) Seasonal Fruit Homemade Pasta Salad	Grilled Cheese (V) Seasonal Fruit Homemade Cole Slaw
Mon23	Tue24	Wed25	Thu26	Fri27
Pasta Primavera (V) Seasonal Fruit Carrot/Celery Sticks	Chicken Shawarma (H) Yogurt Sauce Seasonal Fruit Warsaw Style Cauliflower	All Beef Hamburger(H) Fresh Mixed Fruit Shoe String Fries	Orange Chicken Seasonal Fruit Fried Rice	Macaroni & Cheese(V) Fresh Mixed Fruit Homemade Cole Slaw
Mon30	Tue31			
Grilled Chicken (H) w/ Chimichurri Seasonal Fruit Chimichurri Rice	No Lunch - Half Day			